



In 2019, the Board of Directors of the Fulbright Commission has adopted the following statement:

### **“Towards Diversity and Inclusion**

The Fulbright Commission in Portugal strives to be a collaborative and innovative organization and is committed to diversity, equity and inclusion.

We seek to ensure that all our grants, programs and activities reflect the diversity of U.S. and Portuguese societies and are open to people regardless of their ethnicity, sex, age, religion, geographic location, socioeconomic status, disability, sexual orientation or gender identity.

We work every day to build a culture of inclusiveness, respect for diversity, and understanding of the many differences that enrich the Fulbright Program.

Applicants requiring additional information and support are encouraged to contact the Program Team via [fulbright@fulbright.pt](mailto:fulbright@fulbright.pt) prior to submitting an application.”

Considering the above statement, as part of your application to the Fulbright Program, the Fulbright Commission in Portugal invites you to write a 300-word personal diversity essay, explaining the impact of your identity, your family and community circumstances and your life experience in your personal, academic, and professional path.

Note: Although this is not a mandatory requirement, your diversity essay will contribute to and enrich your application.